

Tuna

Oval or peripheral fruit of the prickly pear cactus, with thick skin and small thorns that look like a lint, its entire interior is filled with a fleshy pulp, soft and sweet, with many edible seeds. It is consumed as a fresh fruit.

Growing season: August - October: High November - July: Low



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Uses: For fresh consumption, it is rich in calcium, potassium, and phosphorus it is used in modern gastronomy or fusion cuisine.



Content: 20 RPC LB, 35 L



