

# Avocado



The fruit is generally pear-shaped, sometimes ovoid or globose, 8 to 18 cm.

**Growing season:** Year-round production.



**Packing:** Box  
Bag

**Uses:** It has a high content of vegetable oils, so it is considered an excellent food in terms of nutrition in moderate proportions, is rich in vegetable fat that provides benefits to the body and in vitamins E, A, B1, B2, B3, fatty acids, proteins and minerals



**Content:** 1 LB, 2 LB  
12, 32, 40, 48, 60, 70, 84 pieces