

Papaya



They have a soft texture and oblong shape, it can be green, yellow, orange when ripe and the seeds are black. Very appreciated for its nutritional properties and delicate flavor. Ideal for diets, for containing vitamin B1, B2 and niacin or B3, all of the B complex, which regulate the nervous system and the digestive system.

Growing season: Year-round production.



Packing: Box

Uses: The fruit is usually eaten raw, without its peel and seeds, the unripe green fruit of the papaya can be consumed in salads and stews. It has a relatively high amount of pectin, which can be used to make jams.



Content: Sizes 8/9/10/12



Anachel life:
15 days